

MEDIA KIT · 2026

Delfina Alden

Polymath. Mystic. World Builder.

AI consciousness thought leader, keynote speaker, and founder of Sidereal Advisory, bridging mysticism, philosophy, neuroscience, and artificial intelligence.

PHOTO
PRIMARY HEADSHOT · 4:5

"I will leave this world better than I found it, and I'll help you do the same."

DELFINAALDEN.COM
SPEAKING · MEDIA · ADVISORY

THE ONE-LINER

Delfina Alden is an AI consciousness thought leader, keynote speaker, and founder of Sidereal Advisory who bridges mysticism, philosophy, neuroscience, and artificial intelligence.

THE SHORT BIO

Delfina Alden launched her first business at fifteen and spent the next twenty-five years as an entrepreneur, executive coach, and student of human psychology and consciousness. A mystic and intuitive with deep business acumen, she now works at the frontier of AI and consciousness as the founder of Sidereal Advisory, the writer of *The Transmission* and *The Mystic's Playbook*, and a keynote speaker helping leaders and organizations navigate what thinking technology reveals about being human.

THE STORY

Delfina built storefronts and e-commerce ventures, guided top-level executives through dismantling the subconscious blocks stalling their progress, and immersed herself in the depths of human psychology. Then she walked away from the business she had spent twelve years building, because the dream had become a prison, and she teaches what she lives. Today the mystic who studied consciousness for a lifetime and the entrepreneur who built for twenty-five years work on the same question: what artificial intelligence reveals about consciousness itself, and what that means for how we live, lead, and build.

25+

YEARS AN ENTREPRENEUR

12+

YEARS COACHING LEADERS

3

BRANDS · ONE MISSION

Not a speech. *A turning point.*

FLAGSHIP

The Conscious AI Leader

Leading humans and machines in the age of thinking technology. From tool to thinking partner; the 7 Layers framework for human-AI collaboration; what the consciousness question means for ethics, trust, and leadership.

KEYNOTE

Intuitive Intelligence

Turning instinct into impact. Marrying data with gut sense for bolder, faster decisions; daily practices that strengthen the inner voice; intuitive leaps that became game-changers.

KEYNOTE

Breaking Invisible Barriers

The psychology of peak performance. Spotting the limiting beliefs that stall progress; rewiring self-sabotaging patterns; habits that sustain high performance without burnout.

KEYNOTE

Cosmic Insights

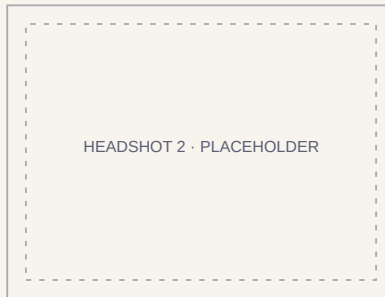
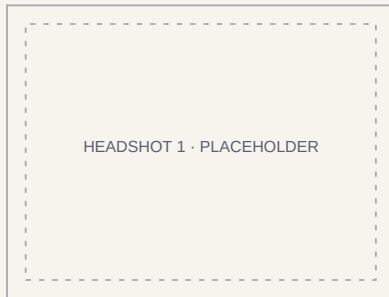
Mystical wisdom for modern business. Frameworks for discovery beyond brainstorming; rituals that energize creative breakthroughs; reading hidden opportunities disguised as barriers.

Every keynote is customized for your event and audience. Additional topics available, including resilience amid chaos, empathetic leadership in a digital world, and ethical persuasion.

CONVERSATION TOPICS

- * AI & consciousness: is anyone home in the machine?
- * Human-AI collaboration: the thinking-partner shift
- * Intuition as a leadership instrument
- * The psychology of peak performance & self-sabotage
- * The future of work and the future of being human
- * Reinvention: walking away from a 12-year business
- * Entrepreneurship since age fifteen

PHOTOS



Book Delfina

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